

COLD SANDWICHES

Sandwiches are served on your choice of bread with tortilla chips and a pickle spear. Your choice of condiments by request.

DELI LAMA™

Our ultimate veggie sandwich with avocado, shredded red cabbage, carrots, lettuce, tomato, and red onion.

TURKEY

Premium turkey breast (nitrite-free) with lettuce, tomato, and red onion.

TURKEY 'N' BERRIES

Premium turkey breast (nitrite-free), cream cheese, whole cranberry sauce, lettuce, tomato, and red onion.

ORGANIC PB & J

Organic peanut butter and jam.

HOT SANDWICHES

TURKEY OR TEMPEH REUBEN

Grilled premium turkey or tempeh on light rye with our Reuben sauce (vegan), sauerkraut, Swiss cheese, tomato, and red onion. Served with tortilla chips and a pickle spear.

GINGER-GARLIC VEGGIE BURGER

Our own veggie burger (vegan, contains peanuts), Ginger Asian Slaw, lettuce, and tomato placed on a whole wheat bun (bun contains honey, order on sourdough for vegan). Served with tortilla chips.

SALMON BURGER

A 1/4-lb patty made from wild, line-caught salmon. Placed on a whole wheat bun with lettuce, tomato, and red onion. Served with tortilla chips.

GRILLED TURKEY PANINI

Premium turkey breast (nitrite-free) with pesto, tomato, and provolone cheese on a rustic roll. Toasted when you order. Served with tortilla chips.

GRILLED PROVOLONE PANINI

Pesto, tomato, and provolone cheese on a rustic roll. Toasted when you order. Served with tortilla chips.

BREADS

Sourdough, Light Rye, Whole Wheat. Spelt is an additional \$.60

CONDIMENTS

Original Yumm! Sauce™, Dijon Mustard, Yellow Mustard, Ketchup, Vegenaïse®

SOUP AND SALAD

HOUSE SOUPS

Daily selection of soups from classic to ethnic gourmet. Served with French bread and butter.

SOUP, SALAD, & BREAD

A medium bowl of soup and a small fresh green salad. Served with French bread and butter.

FRESH GREEN SALAD

Organic field greens topped with tomato, carrots, red cabbage, red onion, and your choice of dressing.

SECRET ASIAN MAN™

Organic field greens, tomato, carrots, red cabbage, cilantro, crispy noodles, and slivered almonds. Topped with your choice of seasoned tofu, all-natural chicken breast, or premium turkey. Served with Sweet Ginger Miso dressing.

CAFÉ YUMM!® COOKIES

GINGER SPICE

Vegan, made with organic oat flour, wheat-free. Dipped cookie is not vegan.

OATMEAL RAISIN

Organic oat flour, wheat-free.

CHOCOLATE CHIP

Organic whole wheat flour.

BEVERAGES

FRESH STRAWBERRY LEMONADE

BREWED ICED TEA

ORGANIC JUICES

BOTTLED SODAS

TEA LADY ORGANIC TEAS

CAFÉ YUMM!® ORGANIC COFFEE

BEER & WINE

FOUNTAIN DRINKS



Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Sierra Mist, and Mug Root Beer

DRESSINGS

- Original Yumm! Sauce™ (sugar-free, dairy-free, egg-free, wheat-free, gluten-free, vegan)
- Sweet Ginger Miso
- Creamy Ginger Asian
- Toasted Black Sesame
- Toby's Bleu Cheese
- Thai Vinaigrette (spicy)
- Toby's Buttermilk Ranch
- Balsamic Vinaigrette
- Teriyaki Sauce

SALSAS

- Organic Red Salsa (mild)
- Jalapeño-Sesame Salsa (hot)

ORGANIC INGREDIENTS

Over 50% of our ingredients are organic including: brown rice, red beans, black beans, tempeh, red salsa, free-range eggs, field greens, yogurt, tofu, peanut butter, and more.

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